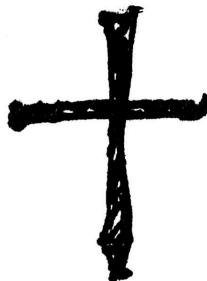


# Prayer Stones

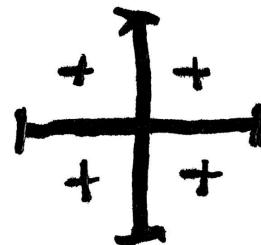
## 1. Traditional Christians Symbols



**Fish** – The oldest known symbol representing Christ



**Cross** – The symbol of Christ's victory over sin and death.



**Greek Cross** – Associated with the sign of the cross prayer.  
"Father, Son, and Holy-Spirit"



**Chi-Rho** — Ancient monogram using the first two Greek letters of "Christos"



**Alpha and Omega** – Jesus stands at the beginning and the end of all things



**Trefoil** — Three overlapping shapes in one seamless form symbolizing the Trinity

## 2. A single word or short phrase that has risen to your mind tonight marking this season

HOPE

MERCY

JESUS

PEACE

HEALING

FORGIVEN

LOVE

STRENGTH

CHOSEN

## 3. A single or pair of simple marks representing a Breath Prayer that will accompany you throughout this season.

"The Lord is my Shepherd, I have everything I need"

"Christ loves me, Christ is with me"

"Here I am, Lord. Send me."

"Help me know your ways, God Teach me your path"

"Be still and know, that I am God"

"Out of darkness, into light"